



# HOMEMADE PASTA

WHOLE WHEAT +1 | GLUTEN FREE +2

<b>MALLOREDDOS ALLA CAMPIDANESE</b> in hearty tomato & sweet sausage & saffron sauce	16.90
<b>ALISANZAS DI SARDEGNA</b> with pancetta, pecorino Romano & tomato sauce	16.90
<b>CAVATELLI BROCCOLI RABE E SALSICCIA</b> with sweet pork sausage & broccoli rabe	21.90
<b>FETTUCCINE IN SALSA ROSA</b> in vodka sauce - add shrimp (+5)	16.90
<b>CASERECCE ALL' ARRABBIATA</b> in spicy tomato & fresh garlic sauce	16.90
<b>GNOCCHI ALLA MONTANARA</b> with mushroom & pancetta in a light cream sauce	18.90
<b>FETTUCCINE ALLA BOLOGNESE</b> in a rich beef & veal ragu	18.90
<b>MACARRONES DE BUSA CON POLPETTE</b> with beef & veal meatballs in tomato sauce	19.90
<b>SPAGHETTI CACIO E PEPE</b> with imported pecorino Romano & black pepper	17.90
<b>MACARRONES DE BUSA ALLA SARDA</b> with clams and bottarga in spicy olive oil sauce	19.90
<b>CASERECCE CALAMARI E PISELLI</b> in light tomato sauce with calamari & green peas	18.90
<b>SPAGHETTI ALLA CARBONARA</b> egg yolk cream, pancetta, parmesan & pecorino	18.90
<b>MALLOREDDOS INTEGRALI</b> with sausage, mushrooms & green peas	17.90
<b>PELLIZZAS AL RAGU DI MANZO E MAIALE</b> in a mixed meat ragu, topped with pecorino cheese	20.90
<b>GNOCCHI GRATINATI</b> baked with tomato sauce, mozzarella & parmesan cheese	18.90
<b>FRUTTI DI MARE</b> choice of <b>spaghetti</b> or <b>fregola</b> with clams, mussels calamari, shrimp, in spicy light tomato sauce	23.90

# ANTIPASTI

<b>FRITTO MISTO</b> fried calamari & zucchini	16.90
<b>ZUPPETTA DI COZZE</b> mussels in a spicy fresh tomato sauce	14.90
<b>POLPETTE AL VERMENTINO</b> beef & veal meatballs in white wine sauce with herbs	14.90
<b>CALAMARI E PISELLI</b> calamari braised in spicy tomato sauce with green peas	15.90
<b>SALUMI E FORMAGGI</b> platter of cured meats & cheeses served with Sardinian flatbread	18.90 25.90
<b>MINISTRONE (WITH FREGOLA +3)</b> homemade mixed vegetable soup	10.90
<b>CAPRESE</b> fresh mozzarella, tomato slices, basil & oregano with balsamic dressing	16.90

# INSALATE

CHICKEN +8 | SHRIMP +10 | SALMON +12 | CALAMARI +12

	REGULAR	LARGE
<b>CAMPO</b> mixed greens, carrots, celery & cherry tomatoes in balsamic vinaigrette	10.90	14.90
<b>MEDITERRANEA</b> mixed greens, cucumbers, cherry tomatoes, chickpeas, olives, onions & gorgonzola in lemon vinaigrette	12.90	16.90
<b>KALE</b> kale, raisins, sliced almonds & cherry tomatoes in lemon vinaigrette	13.90	17.90
<b>RUCOLINA</b> arugula, cucumbers, chickpeas, carrots & cherry tomatoes in lemon vinaigrette	12.90	16.90

# SECONDI

<b>BISTECCA E PATATINE</b> skirt steak in mushroom sauce with french fries & sauteed spinach	36.90
<b>POLLO ALLA GRIGLIA</b> grilled chicken with mashed potatoes & arugula & cherry tomato salad	21.90
<b>MILANESE</b> breaded chicken with mashed potatoes & arugula & cherry tomato salad	25.90
<b>SALSICCIA E POLENTA</b> grilled sweet Italian sausage with fried polenta & wilted kale	24.90
<b>SALMONE</b> grilled salmon fillet with wilted kale & mashed potatoes	23.90
<b>BRANZINO</b> grilled branzino fillet with sauteed broccoli rabe & mashed potatoes	24.90
<b>POLLO ALLA PARMIGIANA</b> fried chicken cutlet topped with tomato sauce & melted mozzarella cheese served with fried polenta & cranberry beans	26.90

PANE CARASAU 2.50	PANE GUTTIAU 3.50
MASHED POTATOES 6.50	FRENCH FRIES 6.50
SAUTEED SPINACH 7.50	BROCCOLI RABE 10.50
WILTED KALE 9.50	FRIED POLENTA 4.50

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**\$21 LUNCH** – AVAILABLE EVERY DAY FROM 12.30PM TO 5PM

## **APPETIZER**

### FIRST CHOICE

**INSALATA DI CAMPO**  
mixed greens, carrots, celery & cherry  
tomatoes in balsamic vinaigrette

**CAPRESE**  
fresh mozzarella, tomato slices, basil &  
oregano with balsamic dressing

**CALAMARI E PISELLI**  
calamari braised in spicy tomato  
sauce with green peas

**MINISTRONE**  
homemade mixed vegetable soup

**FRITTO MISTO**  
fried calamari & zucchini

**ZUPPETTA DI COZZE**  
mussels in a spicy fresh tomato sauce

**INSALATA MEDITERRANEA**  
mixed greens, cucumbers, cherry  
tomatoes, chickpeas, olives, onions  
& gorgonzola in lemon vinaigrette

## **HOMEMADE PASTA**

### SECOND CHOICE

**MALLOREDDOS ALLA CAMPIDANESE**  
in tomato & sweet sausage sauce

**FETTUCCINE IN SALSA ROSA**  
in vodka sauce - add shrimp (+5)

**CASERECCE ALL' ARRABBIATA**  
in spicy tomato & fresh garlic sauce

**GNOCCHI ALLA MONTANARA**  
mushroom & pancetta in a cream sauce

**SPAGHETTI CACIO E PEPE**  
with pecorino cheese & black pepper

**MALLOREDDOS INTEGRALI**  
with sausage, mushrooms & green peas

**SPAGHETTI ALLA CARBONARA**  
egg yolk, pancetta, parmesan & pecorino

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## VINI ROSSI

	by the glass	small carafe	by the bottle
<b>PINOT NOIR</b> Umbria - Italy	10	19	35
<b>MONTEPULCIANO</b> Abruzzo - Italy	11	21	39
<b>CABERNET SAUVIGNON</b> Lombardia - Italy	11	21	39
<b>SANGIOVESE</b> Umbria - Italy	12	23	42
<b>MONICA</b> Sardegna - Italy	12	23	42
<b>CANNONAU</b> Sardegna - Italy	14	26	49
<b>BOVALE</b> Sardegna - Italy			58
<b>CANNONAU RISERVA</b> Sardegna - Italy			64
<b>BAROLO</b> Piemonte - Italy			93
<b>CHIANTI CLASSICO RISERVA</b> Toscana - Italy			56
<b>BARBARESCO</b> Piemonte - Italy			62

## BIRRE

<b>MENABREA</b> Italy	7.00
<b>MENABREA AMBER</b> Italy	7.50
<b>PILSNER URQUELL</b> Czech Republic	7.00
<b>GUINNESS</b> Ireland	7.50
<b>AMSTEL LIGHT</b> Holland	6.50
<b>HEINEKEN 0%</b> Holland	6.50



## VINI BIANCHI

	by the glass	small carafe	by the bottle
<b>VERMENTINO</b> Sardegna - Italy	12	23	42
<b>NURAGUS</b> Sardegna - Italy	14	26	49
<b>PINOT GRIGIO</b> Lombardia - Italy	10	19	35
<b>SAUVIGNON BLANC</b> Umbria - Italy	11	21	39
<b>CHARDONNAY</b> Puglia - Italy	12	23	42
<b>ROSÉ</b> Sardegna - Italy	14	26	49
<b>INZOLIA</b> Sicilia - Italy			46
<b>PROSECCO</b> Veneto - Italy	12		42
<b>MIRABELLA</b> Brut, Franciacorta			61

## COCKTAILS

<b>MIRTO'S REVENGE</b> Mirto, whiskey, ginger beer, thyme	14.90
<b>GRAPPA GIMLET</b> Grappa, lime juice, basil	12.90
<b>SARDINIAN SPRITZ</b> Amaro Casoni, prosecco, orange	10.90
<b>LIMONCELLO CRUSH</b> Limoncello, rum, cucumber, lime	14.90
<b>SARDINIAN SUNRISE</b> Tequila, mirto, orange juice, grenadine	12.90
<b>BERRY SPARKLER</b> Prosecco, creme de Cassis, peach juice	11.90
<b>MIRTO ROYALE</b> Mirto, prosecco	12.90
<b>ITALIAN SIN</b> Bourbon, Aperol, Prosecco, orange	14.90
<b>NEGRONI</b> Campari, gin, sweet vermouth, orange	12.90
<b>ESPRESSO MARTINI</b> Vodka, Irish cream, espresso, coffee beans	14.90



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